## TAKING THE EMOTIONAL INTELLIGENCE ASSESSMENT BEFORE YOU ATTEND THE EMOTIONAL INTELLIGENCE TRAINING

We are distributing books, which the training is based upon, so that you can follow the instructions below to access the passcode to take the assessment. There is no need to read the book or do anything else but take the assessment and transfer your scores to the book. Please, bring YOUR BOOK with you to the training. (Put your name in your book!) Some people wish they would have read the book ahead of time, but that is your option to do that or not.

It should take you no longer than 15 minutes to take the Emotional Intelligence 2.0 assessment.

Please take the assessment when you have some uninterrupted time to do so on your computer (ideally) or phone. Be brutally honest with yourself in answering the multiple choice questions of how you are (how you REALLY are), not how you want to be.

## **Instructions:**

- Open the envelope at the back of your book
- Go to <u>www.TalentSmart.com/test</u>
- Scratch off the foil to reveal your unique passcode
- Type your passcode and click on the "Submit" button to begin your assessment. Transfer your results (5 scores starting with Overall EQ and four areas underneath that) to page 56 in your book.

Questions/problems? Contact Cindy Biggs, Trainer, at cindyjbiggs@gmail.com or 330-465-9089.